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## University Athletics

*November 29, 2021*

### **Mingoes Track Team Hosts Time Trials**

**NASSAU** - The University of The Bahamas track and field team unofficially kicked off the season with its annual time trial Monday at The Thomas A. Robinson Track and Field Stadium.

Runners for the UB Mingoes team participated in trials at the 60 meters (m), 60m hurdles, 150m, 350m and 600m distances early Monday morning with the dew still in the air and the sun just coming up.

Head Coach Ednal Rolle said he felt great about the team's performance considering the many challenges the team has been facing because of the pandemic.

"After such a long time without competing because of the pandemic and just getting back into competing on the collegiate scene I am pleased with the time the athletes are turning in," Rolle said. "

This shows us that most of them are ahead of where they were during the pandemic. This makes me very excited about the upcoming season."

With the long lay-off because of the pandemic he says team members need to get more comfortable with each other to build team spirit.

"I think the team needs some more camaraderie because we have not been able to practice as much as we would like to have as a team," he said.

Being in a virtual world has impacted the team's concentration as well Rolle said.

"I also need them to get more focused for the upcoming season. Sometimes they allow their lifestyle to interfere with their training and their school work and now it's just a matter of getting that focus back."

UB quarter-miler Donya Roberts ran the 60m and 350m events as a way to get himself ready for the 400 and he said he felt good on the track.

“I feel really confident,” he said. “I was working on my speed and this is really helping me in that aspect of my race. Hopefully, I keep progressing and can get a faster pace in the 400 meter event.”

The Mingoes expect to open the season locally at the T-Bird Flyers meet January 14-15, 2022 at The Thomas A. Robinson National Stadium and internationally at The University of Miami Hurricane Invitational March 12, 2022 in Coral Gables, Florida.





**MINGOES TRIALS – A** – UB multi-event specialist Kendrick Thompson competes in the 350 meter event at the Mingo Time Trial November 29, 2021 at The Thomas A. Robinson Track and Field Stadium. Thompson also competed in the 60m hurdles event. **(UB ATHLETICS)**



**MINGOES TRIALS – B** – UB Mingo runners Davia McKinney (white shirt) Sierra Sears (blue shirt) jostle for the top spot in the 600 meter event at the Mingo Time Trial November 29, 2021 at The Thomas A. Robinson Track and Field Stadium. Sears won the event. **(UB ATHLETICS)**



**MINGOES TRIALS – C** – UB Mingoers runners Sierra Sears leads the pack in the 600 meter event at the Mingoers Time Trial November 29, 2021 at The Thomas A. Robinson Track and Field Stadium. Sears won the event. **(UB ATHLETICS)**

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